

1 Long-Acting Insulin					
1	Long-Acting Insulin	Breakfast	Lunch	Dinner	Bedtime
	Name of insulin _____	units	units	units	units
2 Fast-Acting Insulin					
2	Fast-Acting Insulin	Breakfast	Lunch	Dinner	
<b>MEALS</b>	Name of insulin _____	Take insulin 0-15 minutes before meal			
	<b>Blood Sugar</b>	<b>Dose (units)</b>			
	under 80	none			
	80-100				
	101-130				
	131-150				
	151-200				
	201-250				
	251-300				
	301-350				
	351-400				
over 400					
3 Bedtime High Sugar Correction					
3	Bedtime High Sugar Correction				Bedtime
<b>BEDTIME</b>	Name of insulin _____				
	<b>Blood Sugar</b>	<b>Dose (units)</b>			
	under 200	none			
	200-250				
	251-300				
	over 300				
✓	Test blood sugar before every meal and at bedtime.				
✓	If blood sugar is less than 70, drink 4 oz of juice or eat glucose tablets.				
✓	Call doctor if Blood sugar is less than 70 or greater than 400.				
✓	During Prednisone or Decadron taper, call doctor if blood sugar is less than 100 two times in a row. Insulin dose may need to be changed.				

**INSULIN PUMP Instructions for \_\_\_\_\_**  
**Date \_\_\_\_\_**

• Insulin Type \_\_\_\_\_

• Insulin Pump Basal Rate:

Time	Units per Hour
to	
to	
to	
to	
to	
to	

• Carbohydrate Ratio:

\_\_\_\_\_ unit per \_\_\_\_\_ Grams of Carbs

\_\_\_\_\_ unit per \_\_\_\_\_ Grams of Carbs

\_\_\_\_\_ unit per \_\_\_\_\_ Grams of Carbs

• High Blood Glucose Correction:

\_\_\_\_\_ unit per \_\_\_\_\_ points over blood sugar of \_\_\_\_\_

\_\_\_\_\_ unit per \_\_\_\_\_ points over blood sugar of \_\_\_\_\_

\_\_\_\_\_ unit per \_\_\_\_\_ points over blood sugar of \_\_\_\_\_

- Check blood sugar before meals and at bedtime.
- If blood sugar less than 70, drink 4 oz of juice or eat glucose tablets.
- If blood sugar remains over 300 mg/dL, change infusion set and take high blood glucose correction as an injection.