UCSF Medical Center

Standardized Nursing Care Plan

Diabetes Mellitus in Adult

	:	
Initiated Date/Signature	Problem	Resolved
Date/Signature		Date/Signature
Super Care (The Charles the Obs America to Especia	#1 GLYCEMIC CONTROL	
Related to: Alter	ation in disease process, meal plan, medications.	
Expected Outcom	nes/Goals: Maintain glycemic control and avoidance of hypo- and hyperglycemia	and DKA.
	(Company)	
	tions/Plan of Care (Circle all that apply):	1 2000
1. Monitor blood glucose levels with glucose meter. When eating: before meals, bedtime and 2 am; when NPO: every 4 hours.		
	emia, follow hypoglycemia protocol:	
	nt who can take PO, administer 20 grams of carbohydrates (i.e., 6 oz juice, or 4 glu	icose tablets.)
b. For patien	nt who can not take PO, administer 25mL D50 IV push.	·
	gerstick glucose meter every 15 minutes and repeat above treatment until blood gl	lucose level is ≥100
mg/dl.	YOUR DISTRICT OF THE COURT OF T	
3. Follow-up, se	t up appointment with private physician or UCSF Diabetes Clinic at (415) 353-2	605.
	#2 KNOWLEDGE DEFICIT	700 F-12.5
	#2 KNOWLEDGE DEFICIT	
D. Sadad day Many		A CONTRACTOR OF THE PROPERTY O
	diagnosis, alteration in medications, disease process.	
	diagnosis, alteration in medications, disease process. nes/Goals: Ability to do self-management of diabetes.	
Expected Outcon	nes/Goals: Ability to do self-management of diabetes.	
Expected Outcom Nursing Interven	nes/Goals: Ability to do self-management of diabetes. tions/Plan of Care (Circle all that apply):	
Nursing Interven 1. Patient/family	nes/Goals: Ability to do self-management of diabetes.	
Nursing Interven 1. Patient/family	tions/Plan of Care (Circle all that apply): education per Diabetes Teaching Record and or AICP.	
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Nursing Interven 1. Patient/family 2 Recommend	tions/Plan of Care (Circle all that apply): education per Diabetes Teaching Record and or AICP. JCSF Diabetes Teaching Center. Call (415) 353-2266 for class schedule. #3 DISCHARGE PLANNING	
Nursing Interven 1. Patient/family 2 Recommend to Related to: Mana Expected Outcom	tions/Plan of Care (Circle all that apply): education per Diabetes Teaching Record and or AICP. UCSF Diabetes Teaching Center. Call (415) 353-2266 for class schedule. #3 DISCHARGE PLANNING tigement after discharge. thes/Goals: Outcomes/Goals: Patient and/or care giver demonstrates knowledge are	nd ability to care for
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Initiate/participate in patient care conferences of family conferences

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Evaluation of the patient is based on the patient care goals and the patient's plan for care, treatment, and services.		
Evaluation/Progress towards goals:		
Date:	705.400 00.444 80.445	
Date.		

For additional problems, use the Blank Additional Problems Template
For additional progress notes, use the Blank Progress-Towards-Goals Template